

Information for students affected by the crisis in Afghanistan

STAR stands in solidarity with all who are affected by the unfolding crisis in Afghanistan.

If you're an Afghan national studying in the UK or planning to study in the UK, you can get in touch with UKCISA for advice. Their confidential advice line is open Monday-Friday: [UKCISA - international student advice and guidance](#)

If you are currently studying at a UK university and your studies may be affected by the crisis, STAR recommends reaching out to staff at your university:

- Talk to your academic or personal tutor about concerns related to any academic work that may be affected;
- Talk to student support or well-being services about accessing additional pastoral or mental health support;
- Talk to the university's financial team for information about hardship funds or concerns related to paying your fees.

The following pages on the STAR website have information about additional financial support that you may be able to access:

- [Grants to support academic costs.](#)
 - Applications are currently open for grants from [Lawrence Atwell's Charity](#), the [Ruth Hayman Trust](#), the [Fund for Human Need](#), and the [Mary Trevelyan Hardship Fund](#) (London only).
- [Scholarships for applicants with insecure immigration statuses.](#)
 - If you're applying for 2022 entry and do not have settled status in the UK, you may be eligible for a scholarship. Read STAR's [guide to applying](#).

The following organisations offer free mental health and well-being support for students and young people:

- [Student Minds](#) have information about support programmes and services that may be available to you at university.
- [Young Minds](#) have resources to support you and your mental health. You can also access 24/7 support via the [YoungMinds Crisis Messenger](#). Just text YM to 85258 for free, any time of the day.